

FIVE NIGHTS & FOUR DAYS YOGA-CLAY-HIKING RETREAT

Millau, France 24-27 APRIL
2017

relax body and mind

Join us! A secluded retreat in the picturesque French village of Roquetaillade on the banks of the Muse awaits you. Reside with us in our 18th century family *chateau*—with a medieval tower—near the famous viaduct over the Tarn valley..

Twice-daily yoga exercises, daily clay workshops and hikes in silence will permeate your mindfull essence.

We guarantee peace and attention by limiting participants to a minimum of 5 and a maximum of 9.

FIVE nights in a double room with private bath/shower and toilet, full board, including workshops and materials:

€ 525.00 until 1 March no cancellation fee

€ 650.00 thereafter

€50.00 extra private room

INFORMATION AND REGISTRATION

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